

Hello Kindergarten and 1st Grade Parents!

Here is everything you need for your family HCKids at home activities. Just follow the directions on the Parent Guide (next page) for any of the things you and your child(ren) are interested in doing. Also included in this document is the link to the Bible Video and “God Time” pages to do throughout the week.

YOUR CHILD WILL EARN 3 POINTS TO SPEND AT THE STORE FOR EACH COMPLETED ACTIVITY AND 10 POINTS FOR A COMPLETED “GOD TIME”
~ PLEASE EMAIL ME POINTS EARNED EACH WEEK ~

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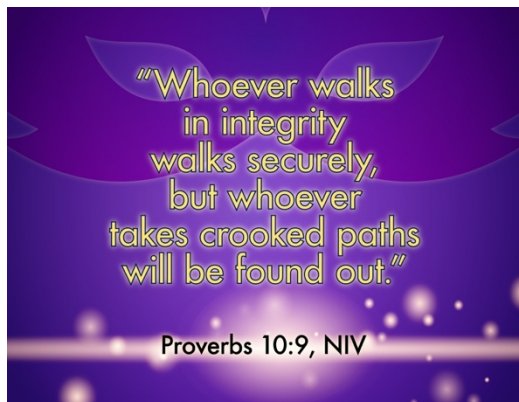
Praying you all are well, safe, growing in faith, and having fun during our time apart! Please reach out if you need anything at all.

Lisa Osborne
HCKids Elementary Director

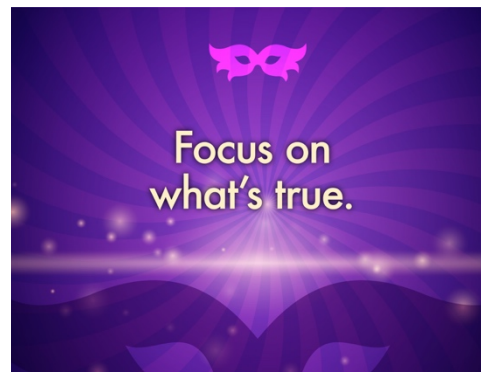
FOR THE MONTH OF OCTOBER, WE ARE STUDYING:



THIS MONTH'S MEMORY VERSE:



TODAY'S BOTTOM LINE:



Watch Bible Video Here <https://at-home.playlister.app/3e01533f-d769-41b3-9cff-91ac5761fbc5/825b93e2-130f-49b6-8aff-38031e3cc18a>

Use this guide to help your family learn about how God wants us to live with integrity.

1. WATCH IT!

First, watch
this week's
video!

Integrity:
choosing to
be truthful in
whatever you
say and do.

Memory Verse

Anyone who lives
without blame
walks safely. But
anyone who takes
a crooked path will
get caught.
Proverbs 10:9, NIV

Bible Story

Always on My Mind
(Think on
These Things)
Philippians 4:8

Bottom Line

Focus on what's true.

2. DO IT!

Activity

Focus Fast!

WHAT YOU NEED:

No supplies needed

WHAT YOU DO:

Say, "Let's play a game. There are four moves. When I give a command, you do the following. When I say . . .

- Up: put your hands up over your head.
- Down: put your hands at your sides.
- Pat: pat the floor.
- Clap: clap your hands together.

Call out the four motions in any random order. Keep the game challenging and increase the speed of the commands.

For a variation, ask them to do the OPPOSITE of what you call. So if you say, "Up," have your child put their hands down. If you say, "Pat," have your child clap, and so on.

After the game, talk about how you had to really focus in order to get the moves right!



3. TALK ABOUT IT!

Talk about the Bible Story

When you're daydreaming, what do you usually think about?

Why do you think it's sometimes easier for us to think negative thoughts more than positive thoughts?

What can we do when we find ourselves thinking about or worrying about something negative? For example: You have a big test coming up and you are worried you will fail it. What can you do to focus on what is true?

What are some ways you can practice focusing on what's true? (*Remembering things you are thankful for, the talents and skills God has given you, funny moments with friends.*)

Share with your child why you're grateful. Talk about ways that you focus on what's true even in difficult situations. If you choose, talk about how the pandemic has affected you and how being able to focus on what is true, noble, lovely, etc. is helping you get through a dark time.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, You are worthy of our praise! You are always right and pure. Your ways are excellent and trustworthy. God, when we struggle with showing integrity, help us remember to turn to You. We know when we focus on You, we are choosing to train ourselves to be truthful in whatever we say and do. We pray this in Jesus' name! Amen!"

Integrity means choosing to be truthful in whatever you say and do.

WEEK
4
K-1ST

Read: Philippians 4:8



DAY
1

Those Kind of Things

Let's review this week's Bible story. Go to Philippians 4:8 and read it with someone in your house. This verse talks about all of the good things we should think and talk about. Use the verse to unscramble the words that are used to encourage us to have integrity.

rute, bonel, ghtri, urpe, excelentl, ovelyl, srecept,

Look for ways to think on these things.

Answers: true, noble, right, pure, excellent, lovely, respect

DAY
3

Show Me The Truth

Ask God to help you see and act in truth this week. All month we learned about integrity and that we need to be truthful in whatever we say and do. God can help you with that if you ask!

"Dear God, Thank You for helping me learn about integrity this month and for being an example of integrity. God, I pray that I can always speak the truth and act in truth even when it's hard. I pray that I can live with integrity. Amen.

Ask God to help you live with integrity.

DAY
2

Focus Time

Putting our focus on something means that you think on those things with purpose. When we think about how we can do good things, we will do good. Take some time and focus on the good things that you can say and do to let people know you care. Pick one of those things and do it this week!

Know that when you focus on the good others see your goodness.

DAY
4

Just Ask

Think of a time that you may have not shown integrity. It could have been to a family member or friend. It is never too late to ask for forgiveness from them and from God! Write a note, draw a picture, or say a prayer and ask for forgiveness from whomever you need to. Let them know what you learned about having integrity and how you are learning to be better.

Thank God for giving us the opportunity to have a relationship with him.

Focus on what's true.

PARENT CUE

FOCUS

Download the free Parent Cue App
AVAILABLE FOR IOS AND ANDROID DEVICES

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