WEEK 3 - APRIL 19, 2020

Hello Fourth and Fifth Grade Parents!

I hope and pray you and your loved ones are well. Please don't hesitate to reach out if your family needs anything. The Body of Christ is alive, well, and willing to help!

I was so happy to see the kids participate in the Easter Egg Activity. Congrats to the winners!

Be on the lookout for another challenge coming in May!

Here are some At Home Activity *suggestions* for you to do with your child(ren). Everyone is different, so feel free to pick any or all of these ideas to fit the needs and desires of your family. If you are unable to print these pages, just use the substitute non-print ideas. ie: draw a picture instead of color the one provided. You can also find a simplified version of the lesson on the website called "4th-5th Parent Guide"

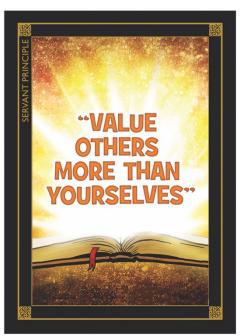
Praying you all are well and safe during our time apart!

Lisa Osborne

HCKids Elementary Coordinator



BIBLE STORY PHILIPPIANS 2:3-8







BOTTOM LINE



YOUR CHILD WILL EARN 1 POINT TO SPEND AT THE STORE For EACH COMPLETED ACTIVITY AND 5 POINTS FOR A COMPLETED "GOD TIME" ~ PLEASE EMAIL ME POINTS EARNED EACH WEEK~ Losborne@hillcrestcov.org

SUGGESTED ACTIVITIES:

- 1. WATCH VIDEOS (link is on the church website)
- 2. APPLICATION ACTIVITY: COMPLETE THE SENTENCE/DISCUSS
- 3. COLOR BIBLE STORY PICTURE and/or DRAW A PICTURE OF THE STORY
- 4. BIBLE STUDY/ Key Question: What keeps you from putting others first?
- 5. JOURNAL ENTRY
- 6. PRAY TOGETHER
- 7. GOD TIME https://thnkor.ng/3elflRG

2. APPLICATION ACTIVITY - COMPLETE THE SENTENCE

When I study all week for a test, I deserve
When I do some extra chores around the house, I deserve
When I spend extra time practicing my piano music, I deserve
When I use my free time to play my little sister's favorite game, I deserve
When I pretend to do my homework, but play video games instead, I deserve
When I skip my chores and head outside with my friends instead, I deserve
When I spend the afternoon watching TV instead practicing basketball shots, I deserve
When I annoy my older brother on purpose, I deserve
When I lie on my weekly reading log for school, I deserve
When I leave my shoes and clothes and toys all over the floor for someone else to pick up, I deserve

Wнат то Do:	I Deserve
Print and cut apart one set of strips. Provide one strip for each kid.	April 2020, Week 3, Preteen Small Group
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- **Discuss**: When we do something good or work extra hard, what do we feel like we deserve?
 - What about when we *don't* do what we're supposed to? What do we deserve then?
 - What about Jesus—what did He deserve since He is God's Son? (*To be treated like a king, be worshipped, etc.*) But instead, He gave up His life for all of us! He's the ultimate



4. BIBLE STUDY

- **Open** the Bible and read Philippians 2:3-8.
- **Re-write** the passage, phrase by phrase, in your own words
- **Discuss and apply** the verses by going deeper with questions like the ones below.
 - What kind of example did Jesus set for us?
 - What did humility and obedience cost Jesus?
 - o What does it mean to value others more than yourself?
 - Can you think of a time you looked out for the good of others?
- How do you know that Jesus put you first?
- Why does Jesus putting us first mean that we need to put others first?

Key Question: What keeps you from putting others first?

What can you do to get rid of those barriers and put others first more often?

- **Open** the Bibles and **read** Ephesians 5:1-2 and Ephesians 5:21 out loud.
- Talk briefly about what those verses say to do.
- **Explain** that we're called to follow God's example and walk in the way of love, but that it's often easier to get things done well if we have a recipe or a plan to follow.
- Write out your own recipe for following God's example.
 - What ingredients would be included (Love, prayer, honor, submission, value, humility, kindness, empathy, compassion, etc.)
 - How much of each?
 - What would be the order that you add them?
 - What would you do with them once they're added?
- Share your recipe with your family and friends and explain why they picked their ingredients.
- **Read** the verses from Ephesians aloud one more time.
- **Remember** that humility is hard. It's not natural for humans to put others first! BUT we have the best example there ever was: **Jesus!**

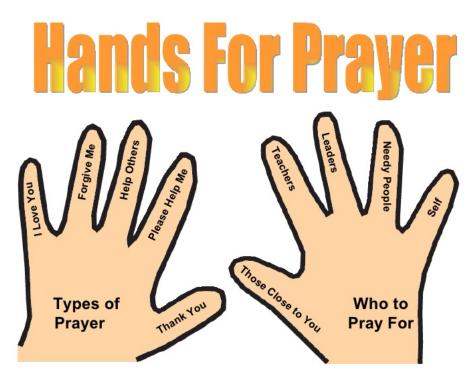
5. Journal Entry

- **Using** scripture verses as prayers is a great way to pray, and if you ever don't know what to pray, you can literally use verses from the Bible.
- Today you are going to pray the memory verse for the month and insert yourself into it.
- Write out the following phrases, inserting your own words to personalize the verse.
 - Dear God, help me not to _____ only to get ahead.
 - Help me to value _____ [insert two or three names] more than myself.
 - Thank you, Jesus, for your example of humility!
- **Choose** something specific you're going to do to put someone else first and to ask for God's help to do that.

OTHER JOURNALING SUGGESTIONS:

- WRITE OR DRAW ABOUT THE BIBLE STUDY
- WRITE A PRAYER ABOUT THE BOTTOM LINE
- WRITE A PRAYER FOR SOMEONE ELSE ONE OF THE BEST WAYS WE CAN PUT OTHERS FIRST AND VALUE THEM IS BY PRAYING FOR THEM.

- WRITE A PRAYER ASKING GOD TO HELP THEM FOLLOW HIS EXAMPLE BY PUTTING OTHERS FIRST.
- 6. PRAYER IDEAS:
 - \circ $\,$ USE THIS TEMPLATE $\,$



"Father God,

Thank You for giving us Your Son, Jesus. Please help us to follow His example and put others first the way that He put us first. Amen"