PROGRAMS

Counseling & Recovery Partners

Sex Addiction Help for Addicts and Partners

Our Mission: To serve clients with sex addiction, their partners, relationships and families. To that end, we have brought together a team of therapists with specific skills, talents and experience to meet the needs of our clients.

12 Step Approach

Counseling & Recovery Partners 8080 Ward Parkway, Suite #405 Kansas City, MO 64114

Phone: (816) 945-2277 Fax: (816) 895-3975

Web: www.kcsexaddiction.com

Dan Gabbert Chris Adams Kathy Malone Sarrah Cain Jenny Havemeier

Desert Stream

http://desertstream.org/

Desert Stream/Living Waters Ministries provides help for Christians struggling with sexual and relational problems. Our help is based on the biblical foundation of compassion, integrity, and dependence on God.

<u>Living Waters</u> - 20 week program, men and women, freedom in sexuality and relationships.

Falling Forward - 10 week program for men with purity issues.

Resources:

http://desertstream.org/other-tools/

http://desertstream.org/free-resources/

http://desertstream.org/recommend-friends/

Freedom Kansas City

Steve Fugate http://www.freedomkc.net/

Freedom Groups are Christ-centered groups for men desiring freedom from being sexually driven. We use a 12 step program for sex addicts developed by Dr. Doug Weiss of Colorado Springs because in our experience of over 10 years of doing groups we have found nothing to be superior or more effective. Freedom Groups are designed to be work/accountability groups, with emphasis on moving forward in dealing with sexual addiction. We attack this addiction with spirit-soul-body healing approach that prepares men to be lions (warrior-leaders) in the Church.

Hidden Treasure Ministry

http://www.htmin.com/index.html

Mission Statement: To bring emotional healing to those who have been traumatized by sexual abuse and support their families through teaching, emotional support, listening, prayer and discipleship in the Christian faith. We will endeavor to recruit and train up others to minister to do the same.

We also endeavor to prevent abuse in all forms by helping people through education, discipleship,

training and prayer ministry to strengthen their families and individual lives.

<u>Church of the Resurrection</u> - General Addiction Support Groups

SMART Recovery -

This group is for people who have tried to stop a habit but have been unable to do so on their own. It is for men and women looking for recovery from alcohol, prescription drugs, pornography, gambling, drugs, food and other compulsive behaviors.

Have kids? Childcare is available in Building B from 6:30-8:30 pm (pre-registration required).

SMART Recovery for Family & Friends -

This program helps those who are affected by the substance abuse, drug abuse, alcohol abuse or other addictions of a loved one. The meetings promote the use of tools to help with emotional upsets, promote effective communication methods when dealing with loved ones, and much more.

Have kids? Childcare is available in Building B from 6:30-8:30 pm (pre-registration required).

TEENS

Counseling and Recovery Partners

Chris Adams, focuses on our teenage clients.

Unfortunately, we don't have any dedicated groups for teens. There is a 12-step program for teens that meets in Waldo at Christ the King Catholic parish called **Full Circle**. It's a local version of a national program and several of our clients have attended. The program is open to all teens with addiction issues including substances and behavioral addictions (food, cutting, porn, etc.).

Desert Stream

SOULutions pdf

http://desertstream.org/downloads/SOULutions-Complete.pdf

Teen Resources http://desertstream.org/other-tools/

The Cross-Current book which is a resource that can be used as an 8 week discipleship course. You could take a group of teens through this material just as long as it is used as a discipling tool. We ask that this would not be open to adults if you are taking teens through this. There are questions at the end of every chapter that the teen can answer. This resources is also available on our site and it is \$10 per booklet. The booklet can be found on our desert stream webstore at desertstream.org.

Please let me know if you have any further questions. Enclosed is my number if you need to contact us.

Sincerely,

Daniel Delgado Desert Stream Ministries Aguas Vivas and Resources Coordinator 816-767-1730 ext. 806

Tom Page

INDIVIDUAL COUNSELORS

(And also offer support groups)

Nancy Greenlee - Betrayed Spouses

https://www.psychologytoday.com/us/therapists/nancy-k-greenlee-overland-park-ks/194512

Life Wellness, LLC 8575 W 110th Street Suite 304 Overland Park, Kansas 66210 (913) 380-1416

Rebecca Flurer

Becky's practice focuses on anxiety, trauma, betrayal trauma, identity development, relational conflict, sexual addiction, and intimacy disorders and concerns. She works with individuals, couples, and families, and has a special emphasis in working with partners of sexual addicts and has a therapy group for partners in recovery.

re:Vive Counseling

https://www.revivekc.com/ Address: 12351 W. 96th Ter. Suite 108,

Lenexa, KS 66215 Phone: 913-491-6876

Tom Page

He is currently receiving specialized training in the treatment of sexual addictions. In his practice, Tom serves individuals and couples, addressing challenges related to depression, anxiety, self-confidence, spirituality, parent-teen relational issues, and sexual addiction recovery. Tom also conducts sexual addiction recovery groups, and facilitates workshops related to the use of improv in mental wellness.

re:Vive Counseling

https://www.revivekc.com/ Address: 12351 W. 96th Ter. Suite 108,

Lenexa, KS 66215 Phone: 913-491-6876

Ken Howard

https://www.psychologytoday.com/us/therapists/kenneth-w-howard-kansas-city-mo/91754

https://aspen-kc.com/about/

For Those Seeking Wholeness and Sobriety

Men

Counseling and Recovery Partners - Dan Gabbert, Chris Adams

Desert Stream

Freedom KC

Tom Page

Women

Counseling and Recovery Partners

For Spouses

Male or Female Spouse

Counseling and Recovery Partners

Female Spouse

Nancy Greenlee

Rebecca Flurer

Group Speaker

Awareness Raising and Education

Counseling and Recovery Partners - Dan Gabbert, Chris Adams Kenneth Howard