

Hello Kindergarten and First Grade Parents!

I hope you all had a safe and fun Independence Day celebrating our country's freedom!

"If the Son has set you free, you are free indeed!" John 8:36

We have more "Goodie Bags" if you weren't able to attend the parade or concert. Just let me know if you want one and we can set up a time to pick it up at church, or I can deliver it to your door.

I made some changes for HCKids At Home this month.

- **THE LINK TO THE VIDEO IS IN THIS DOCUMENT – PAGE 3**
- I also added a "Parent Cue Blog" for ideas to reflect on personally and to inspire you to share God's wisdom with your child(ren).

Here are some At Home Activities *suggestions* for you to do with your child(ren). Everyone is different, so feel free to pick any or all of these ideas to fit the needs and desires of your family.

YOUR CHILD WILL EARN 3 POINTS TO SPEND AT THE STORE FOR EACH COMPLETED ACTIVITY AND 10 POINTS FOR A COMPLETED "GOD TIME"

~ PLEASE EMAIL ME POINTS EARNED EACH WEEK ~

Losborne@hillcrestcov.org

Also, don't forget to fill out the hckids online connection card to say "hi" or to let us know your prayer requests or questions:

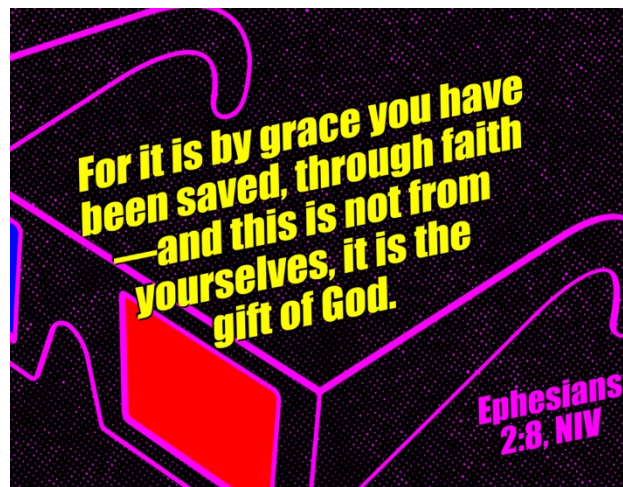
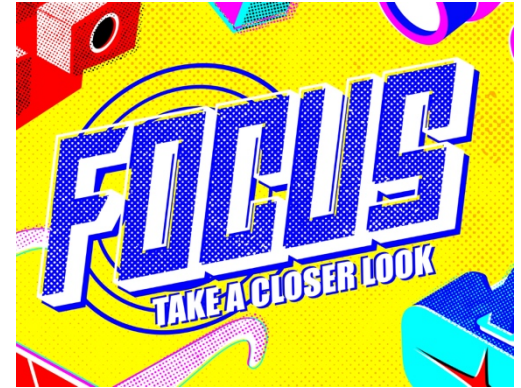
<https://hillcrestcov.ccbchurch.com/goto/forms/284/responses/new>

Praying you all are well, safe, growing in faith, and having fun during our time apart! Please reach out if you need anything at all.

Lisa Osborne

HCKids Elementary Coordinator

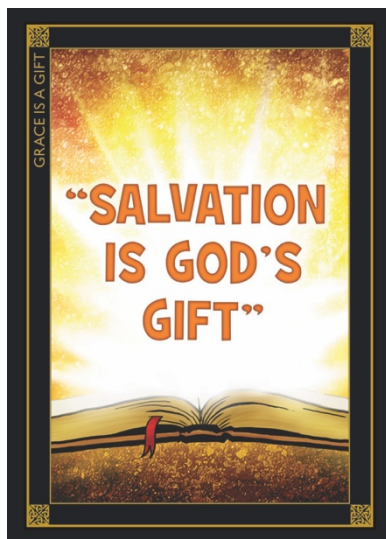
FOR THE MONTH OF JULY, WE WILL BE STUDYING:



THIS WEEK WE FOCUS ON:

BIBLE STORY

Ephesians 2:8-9



BOTTOM LINE



SUGGESTED ACTIVITIES:

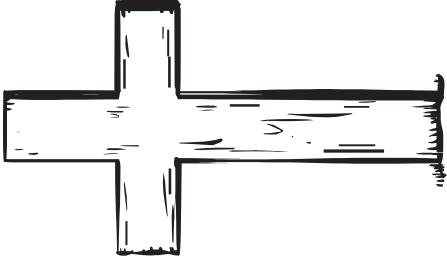

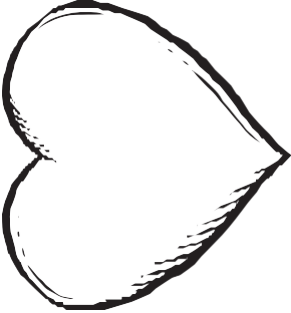

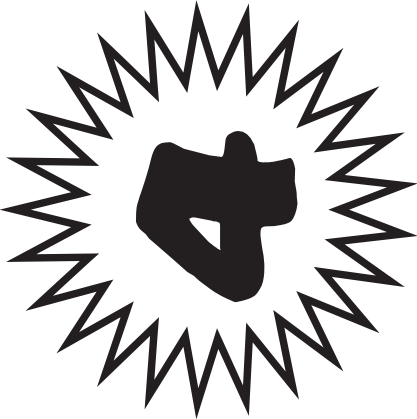
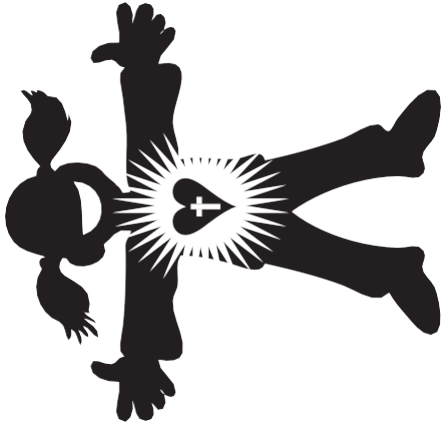
1. **WATCH VIDEO HERE:** <https://at-home.playlister.app/3e01533f-d769-41b3-9cff-91ac5761fbc5/b71a89c4-29b4-4159-b2a7-f35d9620fc26>

2. TALK ABOUT:

“God wants EVERYONE on the Jesus Team! He wants us to know how much He loves every person He made. He loves tall people and short people, rich and poor, young and old. It doesn’t matter how smart or well-behaved or strong you are. There’s nothing you can do that will make Him love you any more or any less. He sent Jesus so that you could have a friendship with Him that will last forever. Can you shout out the last word in today’s Bottom Line with me? Let’s do it together. Ready? **[Bottom Line] Jesus is a gift for EVERYONE.**”

“God wants everyone to join Him in heaven someday. That’s why He sent Jesus. Even though **[Bottom Line] Jesus is a gift for everyone**, not everyone will believe in Him. But God still loves all people everywhere and offers them the gift of His Son, Jesus—the best gift ever!” **[Make it Personal] (Tell kids about a gift you once received that meant a lot to you. Compare it with the gift of grace and how much better grace is than any other gift we could receive because it comes from the One who created us.)**

3. MEMORY VERSE ACTIVITY – PRINT, COLOR AND CUT INTO CARDS TO STUDY
EPHESIANS 2:8 FOR THE MONTH OF JULY

<p>3</p>  <p>you have been saved,</p>	<p>6</p>  <p>it is the gift of God.</p>
<p>2</p>  <p>grace</p>	<p>5</p>  <p>and this is not from yourselves,</p>
<p>1</p>  <p>for it is by</p>	<p>4</p>  <p>through faith —</p>

4. PRAY TOGETHER

What You Need: Ball of yarn

What You Do:

- Sit together in a circle.
- Hand your child the ball of yarn.
- Pray aloud, "Thank You, God, for loving and showing Your grace to *(kid's name)*."
- Ask your child to hold onto the end of the yarn and roll or toss the ball to someone across the circle.
- Pray again or lead your child to repeat the prayer above for the one who's holding the ball of yarn.
- Continue until everyone has been prayed for.
- When finished, there should be a web of yarn connecting all of the people.

What You Say:

"Just like each one of us got the ball of yarn, God gives grace to each one of us, too. Whenever you get something great that you don't deserve, it's like God is rolling some of His grace to you. One of the great things God did for you was to send Jesus to be your Savior, even though none of us deserve it. God loves you so much that He wants you to be with Him forever and always. When you ask Jesus to forgive you and be your Savior, He promises that He will.

(Close with the following prayer.) "Dear God, thank You that **[Bottom Line] Jesus is a gift for everyone.** Help us remember that You love each of us every day even when we don't deserve it. Help us to love You with all of our heart. In Jesus' name, amen."

5. PARENT CUE BLOG FOR REFLECTION

BE KIND TO YOURSELF

By Sarah Bragg

"I'm a failure."

"I'll never get it right." "I'm unlovable."

These are statements we would never say to someone we love, yet we freely say them to ourselves. And our kids do, too.

It's important to help our kids learn how to speak to themselves like they would to a close friend. We need to help them learn compassionate self-talk.

Self-compassion can be learned and developed over time. You can start by helping your kid retrain the voice in their head—which honestly, may begin with you retraining the voice in your own head.

Here's a simple phrase:

"Be kind to yourself."

When you look in the mirror and don't like what you see, say, "Be kind to yourself." When you mess up, burn dinner again, fail to close the deal, or miss the event, say, "Be kind to yourself."

Start with you. Let your kids watch you show yourself kindness. And then when they mess up, fail the test, get cut from the team, say to them, "Be kind to yourself. We all make mistakes or have moments when we aren't chosen. But that doesn't change our identity. It doesn't define who we are. What would you say to a good friend in the same situation?"

Start there. And continue to beat that drum of self-compassion.

I began saying the phrase: "Be kind to yourself" to my girls after watching their response to "failure." They would cry and quit. So, every time they messed up, I came behind them and said, "Be kind to yourself."

One night after I burned dinner, I felt the frustration rise in me. I reacted towards myself with shame, but behind me I heard a voice say, "Be kind to yourself, Mama. We all make mistakes. It will be okay."

The months of retraining the voice was beginning to show through. We are all humans who are bound to mess up or not get it right every time, but that doesn't mean we are less than.

Henry James said, "Three things in human life are important: the first is to be kind; the second is to be kind; and the third is to be kind."

Let's make kindness a key building block to our kids' identities, and ours too. When we live out of a place of kindness towards ourselves, then we can pass that kindness on to others.

For more blog posts
and parenting resources, visit:
ParentCue.org

6. GOD-TIME THROUGHOUT THE WEEK TO REINFORCE BIBLE STUDY (LAST 2 PAGES)

~ WORTH 10 POINTS FOR THE "STORE" ~

FAITH

TRUSTING IN WHAT
YOU CAN'T SEE

BECAUSE OF WHAT
YOU CAN SEE

WEEK 1
K-1st

BOTTOM LINE: Jesus is a gift for everyone.

Read Ephesians 2:8

DAY 1

The BEST Gift of All

What's the best gift you've ever been given? Find a piece of paper and draw your best gift ever.

This week's verse reminds us that there's one gift that's way more awesome than the one you've drawn. It's Jesus! He is the best gift ever because He made a way for us to be a part of God's family. God loved us so much that He sent Jesus to die on the cross and be raised back to life so that we could be forgiven.

Spend some time thanking God for the good gifts He gives us, especially the best gift ever: Jesus!

DAY 2

GRACE

Do you know what grace is? Circle an answer from the list below:

1. What you say before you eat dinner
2. A popular girl's name
3. A form of transportation on two wheels, used to get around the neighborhood
4. God's forgiveness even when we don't deserve it

When you put your faith or trust in Jesus, God gives grace. We cannot earn God's forgiveness. It is His gift to us. Today's verse reminds us that we cannot do anything in our own power to be forgiven. We are forgiven, given grace, because of what Jesus has done.

DAY 3

Can I Have Dessert, Please?

Draw what you had for dinner last night on the plate provided here:

This week's verse talks about grace. Grace means that God forgives us even when we don't deserve it.

So, what does grace have to do with dinner? Imagine your mom or dad serves all of your least favorite things for dinner. Grace is like not eating that dinner and still receiving dessert. Grace is given to everyone who puts their trust in Jesus, no matter what they've done. It's a gift!

DAY 4

Sing It, Learn It!

This week's verse is our memory verse for July and it's a great one to memorize! One of the best ways to memorize something is to set the words to music. Sing this week's verse to the tune of "The Wheels on the Bus" as written below.

God's grace has saved you because of your faith
(The wheels on the bus go up and down)

In Jesus Christ (round and round)

In Jesus Christ (round and round)

Your salvation doesn't come from anything you do.
(The wheels on the bus go up and down)

It is God's gift.
(All through the town)

Ephesians 2:8
(Repeat the same tune: All through the town.)

