

Hello 2<sup>nd</sup> and 3<sup>rd</sup> Grade Parents!

I hope you all had a safe and fun Independence Day celebrating our country's freedom!

"If the Son has set you free, you are free indeed!" John 8:36

We have more "Goodie Bags" if you weren't able to attend the parade or concert. Just let me know if you want one and we can set up a time to pick it up at church, or I can deliver it to your door.

I made some changes for HCKids At Home this month.

- **THE LINK TO THE VIDEO IS IN THIS DOCUMENT. (PAGE 3)**
- I also added a "Parent Cue Blog" for ideas to reflect on personally and to inspire you to share God's wisdom with your child(ren).

Here are some At Home Activities *suggestions* for you to do with your child(ren). Everyone is different, so feel free to pick any or all of these ideas to fit the needs and desires of your family.

**YOUR CHILD WILL EARN 3 POINTS TO SPEND AT THE STORE FOR EACH COMPLETED ACTIVITY AND 10 POINTS FOR A COMPLETED "GOD TIME"**

**~ PLEASE EMAIL ME POINTS EARNED EACH WEEK ~**

[Losborne@hillcrestcov.org](mailto:Losborne@hillcrestcov.org)

Also, don't forget to fill out the hckids online connection card to say "hi" or to let us know your prayer requests or questions:

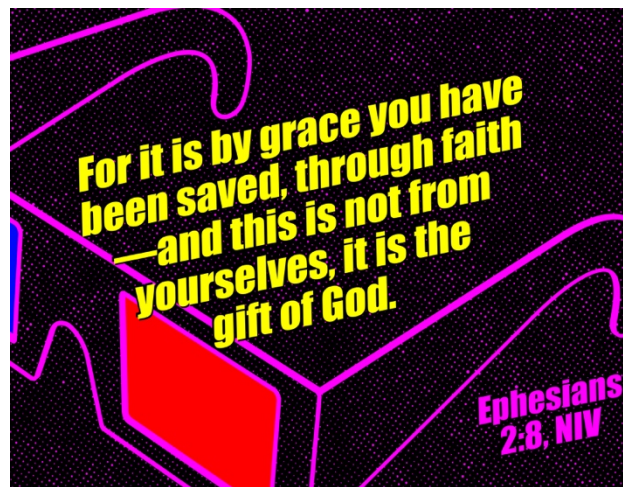
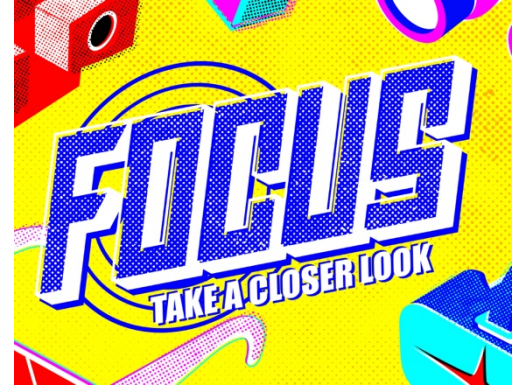
<https://hillcrestcov.ccbchurch.com/goto/forms/284/responses/new>

Praying you all are well, safe, growing in faith, and having fun during our time apart! Please reach out if you need anything at all.

Lisa Osborne

HCKids Elementary Coordinator

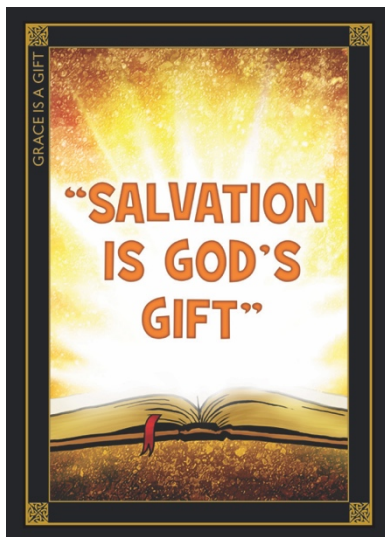
FOR THE MONTH OF JULY, WE WILL BE STUDYING:



THIS WEEK WE FOCUS ON:

BIBLE STORY

*Ephesians 2:8-9*



BOTTOM LINE



## SUGGESTED ACTIVITIES:

1. **WATCH VIDEO HERE:** <https://at-home.playlister.app/3e01533f-d769-41b3-9cff-91ac5761fbc5/b71a89c4-29b4-4159-b2a7-f35d9620fc26>

## 2. TALK ABOUT:

Review questions:

1. Who is God's son? (*Jesus*)
2. Who wrote the book of Ephesians? (*Paul*)
3. According to Ephesians 2:8-9, it is by \_\_\_\_\_ we have been saved. (*grace*)
4. Is God's love something you have to earn? (*No, His love is a gift.*)
5. Who messes up? Who makes mistakes? (*everyone*)
6. True or False, God expects me to do the right thing all the time and then He will let me have a relationship with Him. (*FALSE!*)
7. Who is Jesus and what did He do? (*Jesus is God's Son. He came to take our place by dying on the cross so that we could have a relationship with God forever.*)
8. Finish today's bottom line: Jesus is a gift . . . (*for everyone*)

## What You Say:

"Thankfully, we don't have to do anything to earn God's love. In Ephesians, Paul teaches us that **[Bottom Line] Jesus is a gift for everyone.** God sent His only Son, Jesus, for everyone!

"God loves us, even though we mess up and aren't perfect. We call that imperfection 'sin.' And that sin separates us from God because He is holy and perfect. Jesus came to pay the price for sin by dying on the cross and coming back to life three days later! He paid the price for the sin that separates us from God so we could have a relationship with Him! Jesus fixed that separation forever. You don't have to earn your way into a relationship with Him. You don't have to be good enough, or perfect enough, or smart enough. God made you and He loves you SO much.

Jesus came for everyone. There isn't anything you can do to make God love you more than He already does. Jesus gave His life so that EVERYONE could be forgiven and have a relationship with God forever. Just like you don't have to do anything to 'earn' the gifts you receive on your birthday or at Christmas, **[Bottom Line] Jesus is a gift for everyone."**

### 3. MEMORY VERSE ACTIVITY – PRINT, COLOR AND CUT INTO CARDS TO STUDY **EPHESIANS 2:8** FOR THE MONTH OF JULY (NEXT PAGE)

#### What You Do:

- Look up and read Ephesians 2:8 in the Bible

#### What You Say:

“God sent Jesus to pay the price for our sin. We cannot earn our way into a relationship with God by doing the right thing, following the rules, or being good. God’s grace is a gift. **[Bottom Line] Jesus is a gift for everyone.**

“Our relationship with God isn’t based on what we do. It’s based on what Jesus has done. When we understand that Jesus came as a gift, and we put our trust in Him as Savior, we can have a relationship with God forever. We don’t have to do enough good things in order to have a relationship with God. **[Bottom Line] Jesus is a gift for everyone.**”

***[Make it Personal] (Tell the kids about a time when you misunderstood today’s bottom line. Maybe you were trying to please God by doing all the right things, or being perfect, or keeping track of all the good things you did, etc. Talk about how you learned that God’s love isn’t something you earn but something you receive as a gift and how you chose to trust Jesus as your Savior.)***

### 4. PRAY TOGETHER

**What You Need:** Paper, pencils

#### What You Do:

- Write a one or two sentence prayer that thanks God for sending Jesus for everyone.

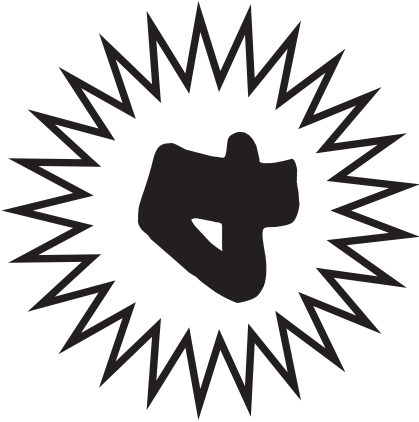
#### What You Say:

“We usually talk about Jesus being the best gift ever at Christmas! It’s fun to think about this gift, the best gift ever, in the middle of the summer. We can celebrate the gift of Jesus every day. Let’s pray.

*Read the written prayers and then close with the prayer below:*

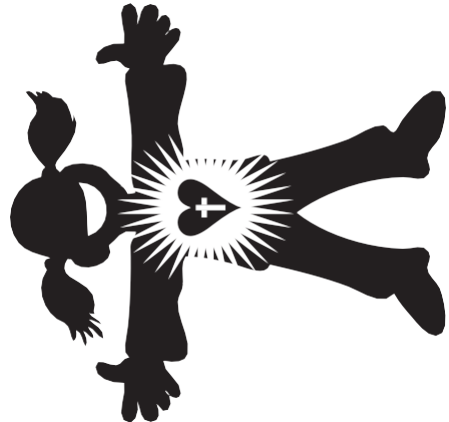
“Heavenly Father, you are an awesome, powerful, and loving God. Help each of us understand that we do not have to earn your love because **[Bottom Line] Jesus is a gift for everyone.** Thank you for loving us. We love you! In Jesus’ name, amen.”

1



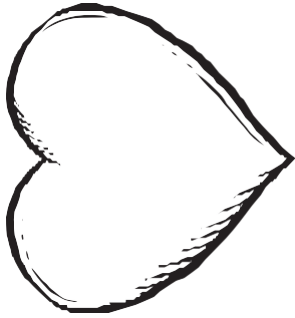
for it is by

4



through faith —

2



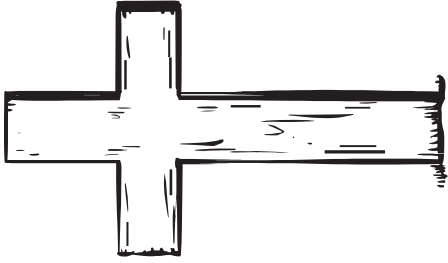
grace

5



and this is not  
from yourselves,

3



you have been saved,

6



it is the gift of God.



## 5. PARENT CUE BLOG FOR REFLECTION

### BE KIND TO YOURSELF

By Sarah Bragg

"I'm a failure."

"I'll never get it right." "I'm unlovable."

These are statements we would never say to someone we love, yet we freely say them to ourselves. And our kids do, too.

It's important to help our kids learn how to speak to themselves like they would to a close friend. We need to help them learn compassionate self-talk.

Self-compassion can be learned and developed over time. You can start by helping your kid retrain the voice in their head—which honestly, may begin with you retraining the voice in your own head.

Here's a simple phrase:

**"Be kind to yourself."**

When you look in the mirror and don't like what you see, say, "Be kind to yourself." When you mess up, burn dinner again, fail to close the deal, or miss the event, say, "Be kind to yourself."

Start with you. Let your kids watch you show yourself kindness. And then when they mess up, fail the test, get cut from the team, say to them, "Be kind to yourself. We all make mistakes or have moments when we aren't chosen. But that doesn't change our identity. It doesn't define who we are. What would you say to a good friend in the same situation?"

#### **Start there. And continue to beat that drum of self-compassion.**

I began saying the phrase: "Be kind to yourself" to my girls after watching their response to "failure." They would cry and quit. So, every time they messed up, I came behind them and said, "Be kind to yourself."

One night after I burned dinner, I felt the frustration rise in me. I reacted towards myself with shame, but behind me I heard a voice say, "Be kind to yourself, Mama. We all make mistakes. It will be okay."

The months of retraining the voice was beginning to show through. We are all humans who are bound to mess up or not get it right every time, but that doesn't mean we are less than.

Henry James said, "Three things in human life are important: the first is to be kind; the second is to be kind; and the third is to be kind."

Let's make kindness a key building block to our kids' identities, and ours too. When we live out of a place of kindness towards ourselves, then we can pass that kindness on to others.

For more blog posts  
and parenting resources, visit:  
**ParentCue.org**

## 6. GOD-TIME THROUGHOUT THE WEEK TO REINFORCE BIBLE STUDY (LAST 2 PAGES)

~ WORTH 10 POINTS FOR THE "STORE" ~



WEEK  
**ONE**  
2<sup>nd</sup>-3<sup>rd</sup> Grade

## READ ROMANS 6:8-14

## DAY 1

As you read through Romans 6:8-14, cross out the following words: *died, death, dead, die, sin, evil, master, rule*.

Go back and read it again, and this time, circle the following words: *live, raised, power, alive, life, right, grace, free*.

What an amazing gift God's grace is to us! Death is no longer, and instead, we can experience eternal life, God's power and freedom!

**Thank God for the gift of grace that is for all of us!**

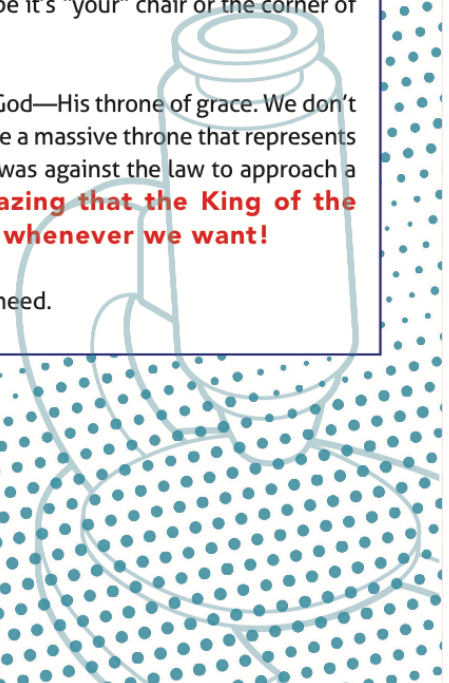
## READ HEBREWS 4:16

## DAY 2

Take this card and find a seat at your favorite spot in your house. Maybe it's "your" chair or the corner of the couch.

The writer of Hebrews talks about a very special chair that belongs to God—His throne of grace. We don't know if it's a literal throne or just the idea of one, but it's cool to picture a massive throne that represents all the love, grace, and mercy God has toward us. In ancient times, it was against the law to approach a king sitting on his throne, unless he had invited you first. **How amazing that the King of the universe has invited ALL of us to approach His throne whenever we want!**

Ask God to help you boldly approach His throne and ask for what you need.



## READ 2 CORINTHIANS 12:9

## DAY 3

What is something heavy in your room that you can't pick up by yourself? Ask someone stronger than you to come and help you. Are you able to lift it now?

What is something you struggle with? Have you ever asked God to show up and help you with it? Especially when it comes to things we know God wants us to do, like obeying our parents, being kind to others, being honest, and showing honor to others. If we are having a hard time doing those things, that gives God a chance to show up and help us. His grace means we're forgiven when we mess up, and we're strengthened when we're weak.

**Know that you don't have to do it all alone!**

## READ JOHN 1:16-17

## DAY 4

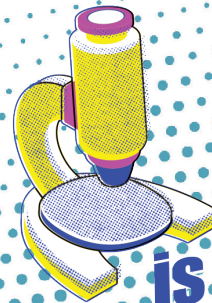
What do each of these traffic signs, or rules of the road, mean?



Have you ever thought of rules as grace? It's true though, rules keep us safe, help us know how to live well, and keep us from hurting ourselves and others.

**God's rules, or law, are the same.** He didn't have to give us rules, but He did because He loves us. But it didn't stop there. Because He also gave us Jesus! That means even when we mess up and don't follow the rules, we still have grace and mercy available to us through Jesus.

Thank God for His grace upon grace.



**JESUS**  
is a gift for  
everyone.