

Hello Kindergarten and 1st Grade Parents!

Here is everything you need for your family HCKids at home activities. Just follow the directions on the Parent Guide (next page) for any of the things you and your child(ren) are interested in doing. Also included in this document is the link to the Bible Video and "God Time" pages to do throughout the week.

YOUR CHILD WILL EARN 3 POINTS TO SPEND AT THE STORE FOR EACH COMPLETED ACTIVITY AND 10 POINTS FOR A COMPLETED "GOD TIME"

~ PLEASE EMAIL ME POINTS EARNED EACH WEEK ~

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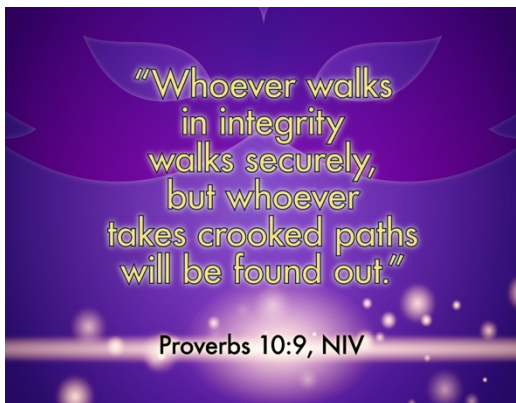
Praying you all are well, safe, growing in faith, and having fun during our time apart!
Please reach out if you need anything at all.

Lisa Osborne
HCKids Elementary Director

FOR THE MONTH OF OCTOBER, WE ARE STUDYING:



THIS MONTH'S MEMORY VERSE:



TODAY'S BOTTOM LINE:



Watch Bible Video Here: <https://at-home.playlister.app/3e01533f-d769-41b3-9cff-91ac5761fbc5/05a694c8-e0bf-4409-bc0b-ed63401df47>

Use this guide to help your family learn about how God wants us to live with integrity.

1. WATCH IT!

First, watch this week's video!

Integrity: choosing to be truthful in whatever you say and do.

Memory Verse

Anyone who lives without blame walks safely. But anyone who takes a crooked path will get caught.
Proverbs 10:9, NIV

Bible Story

Rise Up
(Daniel's Integrity)
Daniel 1

Bottom Line

Be truthful with your whole life.

2. DO IT!

Activity

This Path or That Path?

WHAT YOU NEED:

Painter's or masking tape, cotton ball (or similar), timer

WHAT YOU DO:

Create two paths with masking tape. For the first, create a straight path, about 5-10 feet long and 5 inches wide. For the second, make a zigzag path the same distance and width as the first path.

Give your child a cotton ball. Explain that you will time how long it takes them to blow the cotton ball down both paths. Tell them they can only use their mouth to blow the cotton ball down each path.

Call out, "Ready? Set. Go!" and then time how long it takes for your child to blow the cotton ball down Path One.

Then do the same for Path Two and time how long it takes for your child to blow the cotton ball down that path. (Path Two should take longer.)

Ask, "Why do you think it took longer to blow the cotton ball down Path Two?"

Discuss their response before moving on to talk about the Bible story.

3. TALK ABOUT IT!

Talk about the Bible Story

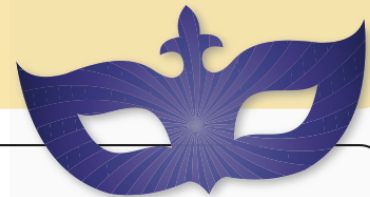
Our memory verse for this month is, "Anyone who lives without blame walks safely. But anyone who takes a crooked path will get caught," (Proverbs 10:9, NIV). What do you think that means? (*Relate it to the game you played earlier—how much easier it is to walk the "straight" path versus the "crooked".*)

Integrity means choosing to be truthful in whatever you say and do. How did Daniel and his friends show integrity? (*They didn't eat the king's food. Doing so would dishonor God because the food had been offered to false gods.*)

What happened when Daniel and his friends only ate vegetables for 10 days? (*they looked healthy and well fed—they looked better than the men who ate the king's food*)

When can it be hard for you to tell the truth or show integrity?

(*Share a personal example of an area in your life that you're working on showing more integrity in.*)



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, You are faithful and never change! In everything You say and do, You have always been truthful! We can trust You no matter what. God, You made each one of us in Your image, and we want to reflect You to others. Help us to show integrity and be truthful in whatever we say and do. In Jesus name we pray. Amen"

Integrity means choosing to be truthful in whatever you say and do.

WEEK
1
K-1ST

Read Proverbs 12:17



DAY
1

Who Are You?

What two places do you spend a lot of time at? School and home most likely! Think about some of the things you do really well at those places. Like being kind, funny, or a good friend. Talk with your parent about it and see if they agree!

Adults, talk to your child about some of the positive character traits that they exhibit at school and then at home. Give examples of how they show those traits. Such as: "You are kind because you share toys with your friends." Also, find one example of when they were truthful. Tell them how much you appreciated their honesty.

Know that God gave you those amazing character traits!



DAY
2

Speaking Truth

Below are some situations that can be true or false. Read them aloud and if they are true statements shout, "True" and clap your hands. If they are false wag your pointer finger and say, "False."

- The sky is a bright purple color.
- Yes, cookies are the best thing to eat for breakfast.
- I am in elementary school.
- God made me to be just who I am.

Make up one or two of your own!

ASK God to help you speak the truth always.

DAY
3

Ask For Help

Today let's use our verse to help us pray. Look up Proverbs 12:17. Once you have read it a few times, pray the prayer below.

"Dear God, I pray that I will be able to speak the truth even when it's hard. I know that you don't like lies and you love truth. Please help me be able to be truthful all of the time. I want to live with integrity so others will trust me. Amen."

Look for opportunities to speak the truth.

DAY
4

Truth Talk

When you choose to speak the truth, people know that you can be trusted and that you have integrity. Flip this page over and color the words on the back to create a poster that you can hang in your room to remind you of this week's bottom line: Be truthful with your whole life.

Thank God for teaching us the importance of telling the truth.

Be truthful with your whole life.

PARENT CUE

