

## WELCOME TO THE PRAYER ROOM!

There are times when the Lord calls us out of the routine of our daily lives and into a time of seeking His face. He wants to reveal Himself to us. He wants us to know He is real! He has an invitation for us: "**Come to Me**".

It's that simple! Come to Him just as you are - not who you think He wants you to be. You might want to put some music in the CD player or you may enjoy the silence. Begin to listen for His voice, experience His presence and respond to His love for you.

Here are some ideas to get you started. There is no right or wrong way to use the Prayer Room. You may use every area in the room - or none!

### Suggestions for Using the Prayer Room:

#### LETTING GO/QUIETING

You may want to begin by taking a few minutes to relax on the sofa. Let go of your daily cares and the things that are weighing you down. Jesus says, "Come to me, all you who labor and are heavy laden and I will give you rest." (Matt. 11:28 NKJ). A translation from the Message puts it this way, "Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest."

From this point, feel free to move to any area of the room or continue to rest and pray here.

#### WALL OF PRAYERS

The wood wall has been constructed in a special way. You can use the desk to write out a prayer for yourself or someone else on a slip of paper. Then put the paper between the slats! You might think of this as similar to the Western Wall in Jerusalem where people press their written requests between the stones. God hears our prayers and responds to them in His way and in His time.

#### VINE

On the wood wall, there is a vine in the corner. You may want to reflect on your life from the following passage: John 15:5 "I am the vine; you are the branches. He who abides in Me and I in him, bears much fruit; for without Me you can do nothing."

### **ALTAR**

Behind the wood wall is a special space provided for meeting God in a more intimate way. He says to us, "Be still and know that I am God" (Psa. 46:10). You might want to sit on the bench and pray. You can kneel at the altar and when ready, if you wish, you can take communion (small containers provided w/wafer and juice).

### **WRITING/JOURNALING/ART**

At the table, you can write a letter to God, journal your thoughts in one of the journal books, write out a verse or scripture or prayer and staple it to the strips of cloth on the wall. Maybe you want to put down on paper a sin(s) you are struggling with and need to confess. Be specific - this is between you and God. You might want to "Pray in Color!"

If you have written out a sin, confessed it to God and asked for His forgiveness, you might want to shred that paper! The paper shredder becomes a "sin shredder" and is a visual illustration of how God takes our sin and completely forgives us the moment we ask for forgiveness. Look for it in the corner of the room beside the Altar.

You may want to consider one of the issues posted on the corkboard to pray for, or add one of your own.

Please do not write on the walls of this room, as there are the other places provided, for writing and sharing your thoughts and expressions.

### **COLLAGE**

God wants to use us to transform our church, city, state, nation & beyond! On the wall near the door is a collage of ideas to inspire prayer beyond our walls. Ask God for whom He would direct you to pray as you look at the collage. Check the shelves for resources.

### **SHEPHERD CORNER**

In the corner behind the door are some objects showing a Shepherd and a lamb. Perhaps you could reflect on those relationships in how Jesus sees you and cares for you.

As you exit, please remember to turn off the lights, the fountain, the CD player, and to leave the door open.